



Kindergarten-6th Grade
Substance Abuse Prevention Program
Teacher's Guides
Sample Lesson

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Lesson 5

LESSON 5

At the conclusion of this lesson, students will be able to compare and contrast prescription and nonprescription medications.

Materials Needed: Whiteboard
Copy of Activity Sheet F for every student
Red, green, yellow, blue, and orange crayons for each student

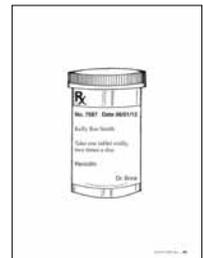
Activity 1 Write on the board: **Drug**

Give the following definition to students:

A drug is any substance that is liquid, powder, or solid that can be taken by mouth, inhaled through the nose, injected into the skin with a needle, or rubbed into the skin. A drug can affect the way the body works naturally.

Activity 2 Explain that there are two kinds of drugs: prescription and nonprescription drugs. Nonprescription, or over-the-counter, drugs can be bought at a store without a doctor's permission. These are drugs that your parents will give you when you get sick. You should only take these drugs when they are given to you by a parent. Only a doctor can give permission to use prescription drugs. The doctor writes the prescription, which is a piece of paper that tells the pharmacist at the store the information needed to prepare the drug for the person the doctor is helping. Prescription and nonprescription drugs are usually referred to as medicine.

Activity 3 Give each student a copy of Activity Sheet F, "Prescription Medicine Container." Have them use only their red, green, yellow, blue, and orange crayons.



Give the following directions:

Write your name at the top of the paper with your red crayon.

Use your red crayon to underline the name of the patient, the person who will use the medicine. (Kelly Rae Smith)

Use your green crayon to circle the date the medicine was bought. (6/1/12)

Use your yellow crayon to circle the name of the medicine. (Penicillin)

Use your blue crayon to underline the directions for using the medicine. (Take one tablet orally, two times a day. Explain to the students that taking a medicine orally means to take it by mouth.)

Use your orange crayon to circle the name of the doctor who gave the prescription. (Dr. Brink)

Activity 4 Review the questions and evaluate the correct answers.

Activity 5 Have each student work with a partner to create a T-chart of prescription and nonprescription medicines.

Prescription Medicine	Nonprescription Medicine

