



## K-6 Substance Abuse Prevention

### Substance Abuse Prevention Program Overview

The new Learning for Life K-12 Substance Abuse Prevention curriculum is now available for use in schools. Learning how different students are taught to practice healthy habits and only prescribed to them and/or given to them by their parents.

Included in the Substance Abuse Prevention Program are many of the “best practices” of teaching, such as having students work in small groups, engaging in kinesthetic activities, using higher-order thinking skills, and defending their understanding. Learning for Life also includes a Family/Home Activity for each lesson that enables students to apply what they have learned in the classroom while including parents / guardians in the substance abuse prevention of their child.



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## Substance Abuse Prevention Program Highlights

- Targets on “entry” drugs (inhalants, alcohol, tobacco, prescription drugs, marijuana)
- Focuses on making good decisions and consequences of behavior
- Explains how substances affect your body/practicing healthy habits
- Includes Family-Home Activity for each lesson
- Educates on the consequences of substance abuse on self and others
- Language arts, science, consumer awareness activities embedded within the lessons

For more program details, visit <http://learning.learningforlife.org>

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