Navigators Program Lesson Plans

Book Two: A Roadmap for the Future

**Career Education**
- Introduction
- Goal Setting
- Decision Making
- After High School-What’s Next?
- Interest and Aptitudes
- Skills and Job Traits
- Looking at Building Careers
- Occupation Selection
- Researching Careers on the Internet
- Getting Ready-Education and Training Opportunities
- Working for Yourself
- Work and the Family
- Writing Resumes
- Job Applications
- Job Interviews
- Where to Find a Job
- Ethics in the Workplace
- Understanding People and Problems at the Workplace
- How to Keep A Job
- Rights and Responsibilities of Workers
- The Global Workplace

**College Life**
- Introduction
- Selecting a College
- Choosing a Major
- Leaving Home
- Choosing Classes
- GPA (Grade Point Average)
- Understanding the Professors
- Personal Management
- Exams
- Extracurricular Activities
- Financing a College Education
- College Terminology A-Z

**Life Skills**
- Introduction
- Effective Communication
- Dealing with Change
- Being a Knowledgeable Consumer
- Being a Team Player
- Perseverance: Never Give Up
- Self-Discipline
- Self-Awareness: Who Am I?
- Peer Pressure
- Conflict Resolution
- Courage
- Time Management
- Maintaining Balance and Limiting Stress
- The Importance of Good Health
- Money Management