

# Table of Contents

|  |     |
|--|-----|
| Introduction .....   | 5   |
| Character Education Lessons  |     |
| Respect  |     |
| Respect: Effects of Peer Pressure on Decision Making .....             | 9   |
| Empathy: Caring/Fairness .....   | 13  |
| Good Manners: Interpersonal Relationships .....                        | 19  |
| Responsibility   |     |
| Responsibility: Growing Up to Be Responsible .....                     | 25  |
| Perseverance: Competition and Resiliency .....                         | 31  |
| Media: Understanding Media Influences .....                            | 35  |
| Honesty/Trust  |     |
| Honesty: Being Honest With Myself .....                                | 39  |
| Trust and Commitment: Valuing Human Relationships .....                | 45  |
| Manipulation: Avoiding Manipulative Behavior .....                     | 47  |
| Self-Discipline  |     |
| Self-Awareness: Who Am I? .....  | 51  |
| Courage and Decision Making .....                                      | 59  |
| Anger Management .....   | 67  |
| Building Relationships Lessons   |     |
| Relationships: Cooperation in Action .....                             | 71  |
| Prejudice: Healthy Human Relationships .....                           | 75  |
| Problem Solving: Intricacies of Relating to Others .....               | 79  |
| Family Dynamics: Improving Family Relationships .....                  | 83  |
| Conflict Resolution: Becoming a Successful Mediator .....              | 87  |
| Communication: Empathetic and Persuasive Communication .....           | 89  |
| Verbal and Nonverbal Communication .....                               | 93  |
| Citizenship Lessons  |     |
| What Is Good Citizenship? .....  | 97  |
| Liberty .....  | 103 |
| Freedom: Civil Rights .....  | 115 |
| Diversity .....  | 121 |
| Justice: Mock Trial .....  | 133 |
| The Common Good: Helping the Homeless/Feeding the Hungry Project ..... | 143 |
| Representative Government .....  | 155 |
| Rule of Law .....  | 169 |
| Separation of Powers .....   | 185 |
| Popular Sovereignty .....  | 191 |
| Career Education Lessons   |     |
| Consideration and Investigation of Career Choices .....                | 211 |
| Time Management .....  | 217 |
| Completing a Virtual Tour of Post-Secondary Institution .....          | 219 |
| Career Exploration: Fastest Growing Occupations, 2000–2010 .....       | 223 |
| Aptitude and Jobs .....  | 227 |
| Mapping My Future .....  | 235 |
| Technology Use in My Job Interests .....                               | 237 |
| Preparation of an Application for Post-Secondary Education .....       | 243 |
| Developing a Resume .....  | 251 |
| Preparation of a Job Application .....                                 | 259 |
| Interviewing for a Job .....   | 275 |
| Schoolwide or Community Service Project .....                          | 289 |
| Developing a Personal Financial Plan .....                             | 297 |
| Education Increases the Size of Paycheck .....                         | 301 |
| Preparing a Career Portfolio .....                                     | 307 |